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Catherine B. Kennedy releases ‘A Worshipper’s Tool to Conquer’

The book offers practical tools on how to conquer expectations as worshippers based on biblical principles and real-life experiences

ST. PAUL, Minn. – Catherine B. Kennedy believes that the purpose of worship is not the expectancy of the physical reaction of the people, but to dive in deeper to grasp the messages God intends to teach or give at that moment. For this reason, she takes readers on a journey to understand what worship is and what it means for believers in Christ. “A Worshipper’s Tools to Conquer” ([published by WestBow Press](#)).

This book takes readers to the core of what it will take to be an effective worshiper. Embedded are practical tools on how to conquer expectations for worshippers based on biblical principles as well as real-life experiences. The information provided will support readers understanding of worship. Included are self-study strategies to strengthen the quality output of their calling as a worshiper and a praise leader.

“In our society today, there are several arguments that our world would not function without humankind believing in a higher power through religious practices that there is an existence of a God. In Christianity, we believe He is the creator of the universe; He is our maker, we cannot function outside of His principles provided for us via the written word in His scriptures, the Bible. In His words, His desire for humankind is to experience ‘true worship’ with Him, Kennedy says. “This book talks about current, practical, and contemporary ways in which we, as believers, can tap into this realm of understanding the concept of worship as we awaken to our understanding who He is for us.”

“A Worshipper’s Tools to Conquer” aims to strengthen readers in their roles as worshippers and leaders of worship teams, be inspired by the tools given to them to enhance their knowledge of what worship is according to biblical principles and to uplift their experiences as worshippers. “If you are called to worship, you must validate your calling by finding the appropriate resources that will equip you for your calling, and this is what the book provides,” Kennedy adds.

“A Worshipper’s Tools to Conquer”

By Catherine B. Kennedy

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About the Author

Catherine B. Kennedy offers services to write policies and procedures that worship teams can use as guides to govern their teams based on observations upon invitation to their ministries. She provides workshops with opportunities to develop their strategies for worship using valuable content in the book. In addition to writing, she holds a bachelor’s degree in fine arts from Minneapolis College of Art and Design, Minneapolis, Minnesota, obtained in 2005. She was a 2018-2019 Urban Educator Leadership Fellow recipient from the Center Excellence in Urban Teaching, Graduate School of Education, Hamline University, Minnesota. She has an Association Montessori International diploma from the Montessori Center of Minnesota, St. Paul, Minnesota, obtained in 2017 with a scholarship from Women United, which she uses to support children 3-6 years old in her current role as an educator.

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